



Crescendo HELP International School Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
	18-04-2022	19-04-2022	20-04-2022	21-04-2022	22-04-2022
MORNING SNACK	Cereal w milk	Japanese Onigiri	Singapore fried mee hoon	Steamed glutinous rice	Brunch
LUNCH	Japanese Katsu Curry Rice set	Chicken lagsana w salad	Steamed fish w preserved radish rice set	Stir fried chicken in black bean sauce rice set	Homemade chicken meat ball subs

REMARKS:

1. All price will include snack & set lunch. (Excluded Friday)
2. All set lunch will serve with healthy sides veggie dishes, egg dishes & rice.
3. Only for pre-order
4. We reserve the right to make adjustments as needed to meal menu.
5. Please contact our Cafeteria Staff for a special diet due to allergy. (Ting Ting, h/p: 016-7177086 or email: matiny1987@hotmail.com).



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	Monday	Tuesday	Wednesday	Thursday	Friday
	25-04-2022	26-04-2022	27-04-2022	28-04-2022	29-04-2022
MORNING SNACK	Dry style noodles	Chicken porridge	Bread with drink	Japanese Onigiri	Brunch
LUNCH	Baked honey char siu chicken rice set	Spaghetti with minced chicken bolonese	Sweet & sour fish fillet rice set	Croissant club sandwiches	Indian butter chicken rice set

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	09-05-2022	10-05-2022	11-05-2022	12-05-2022	13-05-2022
MORNING SNACK	Cereal w milk	Japanese Onigiri	Chicken porridge	Kuey teow w egg sauce	Brunch
LUNCH	Baked malay style sweet soya sauce chicken rice set	Salmon pasta w creamy garlic sauce	HK style chic rice set	Stir fried chicken w mushroom	House special club sandwiches

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	Monday	Tuesday	Wednesday	Thursday	Friday
	16-05-2022	17-05-2022	18-05-2022	19-05-2022	20-05-2022
MORNING SNACK	Holiday	Bread w drink	Japanese Onigiri	Fried yee mee	Brunch
LUNCH		Baked teriyaki chicken rice set	Homemade fish fillet cheese burger	Taiwanese braised minced chicken rice set	Indian butter chicken rice set

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	Monday	Tuesday	Wednesday	Thursday	Friday
	23-05-2022	24-05-2022	25-05-2022	26-05-2022	27-05-2022
MORNING SNACK	Cup cake w drink	Dry style noodle	Japanese Onigiri	Steamed glutinous rice	Brunch
LUNCH	Hainanese chicken rice set	Chinese fish curry (mild) Primary: Fish w tomato sauce	Spaghetti w minced chicken bolognese	Baked thai turmeric chicken rice set	Nasi lemak kerabu w ayam masak kicap

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	Monday	Tuesday	Wednesday	Thursday	Friday
	30-05-2022	31-05-2022	01-06-2022	02-06-2022	03-06-2022
MORNING SNACK	Sandwiches w drinks	Singapore fried mee hoon	Japanese Onigiri	Chicken porridge	Brunch
LUNCH	Japanese chicken katsu rice set	Steamed soy & ginger fish fillet	Croissant sandwiches w fruits salad	Taiwanese 3 cups chicken rice set	Anchovies fried rice

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	Monday	Tuesday	Wednesday	Thursday	Friday
	06-06-2022	07-06-2022	08-06-2022	09-06-2022	10-06-2022
MORNING SNACK	Holiday	Butter sugar roll w drinks	Japanese Onigiri	Kampung fried curly noodles	Brunch
LUNCH		Korean style baked soy garlic chicken rice set	Chicken burger w fries	Stir fried fish slice w bean paste rice set	Nasi lemak w ayam masak merah

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	13-06-2022	14-06-2022	15-06-2022	16-06-2022	17-06-2022
MORNING SNACK	Sandwiches w drinks	Japanese onigiri	Cereal w milk	Stir fried yee mee	Brunch
LUNCH	Baked chicken chop in sweet sour sauce rice set	Smoked duck & sundried tomato Aglio-Olio	Deep fried fish fillet rice set	Roasted lemon & garlic chicken w corn rice	Indian butter chicken rice set

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	20-06-2022	21-06-2022	22-06-2022	23-06-2022	24-06-2022
MORNING SNACK	Tomyam noodles	Japanese onigiri	Bread w jam	Chicken porridge	Brunch
LUNCH	Marmite chicken rice set	Chicken lagsana w salad	Cereal fish fillet rice set	Steamed chicken tight w goji berries rice set	House special club sandwiches

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	27-06-2022	28-06-2022	29-06-2022	30-06-2022	01-07-2022
MORNING SNACK	Cup cakes w drinks	Japanese onigiri	Mee siam	Steamed glutinous rice	Brunch
LUNCH	Thai baked pandan leaf chicken rice set	Salmon pasta w a creamy garluc sauce	Contonese soy sauce chicken rice set	Braised fish in savor soy sauce rice set	Homemade chicken meatball subs served w baked potato wedges

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	Monday	Tuesday	Wednesday	Thursday	Friday
	04-07-2022	05-07-2022	06-07-2022	07-07-2022	08-07-2022
MORNING SNACK	Kampung Cintan noodles	Cocoa roll w drinks	Japanese onigiri	Kuey teow w sauce	Brunch
LUNCH	Japanese chicken katsu	Honey roasted chicken rice set	Croissant club sandwiches	Fish fillet in sweet sour sauce rice set	Indian butter chicken rice set

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