



Crescendo HELP International School Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
	03-01-2022	04-01-2022	05-01-2022	06-01-2022	07-01-2022
MORNING SNACK	Orientation Day	Chicken floss bread roll	Japanese Onigiri	Chicken porridge w you tiow	Brunch
LUNCH		Japanese Katsu Curry Rice set	Spaghetti w chicken bolognese	Hainanese chicken rice set	Anchovies fried rice

REMARKS:

1. All price will include snack & set lunch. (Excluded Friday)
2. All set lunch will serve with healthy sides veggie dishes, egg dishes & rice.
3. Only for pre-order
4. We reserve the right to make adjustments as needed to meal menu.
5. Please contact our Cafeteria Staff for a special diet due to allergy. (Ting Ting, h/p: 016-7177086 or email: matiny1987@hotmail.com).



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	Monday	Tuesday	Wednesday	Thursday	Friday
	10-01-2022	11-01-2022	12-01-2022	13-01-2022	14-01-2022
MORNING SNACK	Butter kaya bread w drink	Japanese Onigiri	Singapore Mee Hoon	Glutinous chicken rice	Brunch
LUNCH	Oven baked teriyaki chic thigh rice set	Steamed chicken w shitake mushroom	Deep fried fish fillet	Croissant club house sandwiches	Indian butter chicken rice set

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	17-01-2022	18-01-2022	19-01-2022	20-01-2022	21-01-2022
MORNING SNACK	Bread w jam	Holiday	Japanese Onigiri	Braised yee mee	Brunch
LUNCH	Cereal fish rice set		Spaghetti cream sauce w grilled chicken	Steam chic thigh w red dates & goji berries rice set	Club house sandwiches served w bake potato

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	Monday	Tuesday	Wednesday	Thursday	Friday
	24-01-2022	25-01-2022	26-01-2022	27-01-2022	28-01-2022
MORNING SNACK	Steam cake w drink	Japanese Onigiri	Mee goreng	Chicken glutinous rice	Brunch
LUNCH	TW braised miced chic rice set	Homemade fish & cheese burger	Stir fried chic w ginger & scallion rice set	Homemade meatballs spaghetti	Nasi lemak w chicken set

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	07-02-2022	08-02-2022	09-02-2022	10-02-2022	11-02-2022
MORNING SNACK	Japanese Onigiri	Cereal w milk	Singapore mee hoon	Egg mayo & corn sandwiches	Brunch
LUNCH	Japanese katsu chic	HK style steamed fish rice set	Oven baked malay style chic nasi briyani	Stew chic w potato rice set	Veg fried rice w chic cheese roll

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	14-02-2021	15-02-2021	16-02-2021	17-02-2021	18-02-2021
MORNING SNACK	Dried fried noodles	Chic glutinous rice	Bread w jam	Japanese Onigiri	Brunch
LUNCH	Baked honey char siu chic rice set	Croissant sandwiches w salad & fruits	Stew chic w pineapple rice set	Salmon spaghetti	Indian butter chic rice set

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	21-02-2022	22-02-2022	23-02-2022	24-02-2022	25-02-2022
MORNING SNACK	Steam bun w drink	Japanese onigiri	Chicken porridge w you tiow	Fried kuey teow	Brunch
LUNCH	Fermented beancurd chic rice set	Grilled chic chop	Cereal fish rice set	HK style chic rice set	Club house sandwiches

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	28-02-2022	01-03-2022	02-03-2022	03-03-2022	04-03-2022
MORNING SNACK	Braised yee mee	Japanese onigiri	Potato raisin bun w drink	steamed glutinouse rice	Brunch
LUNCH	Sweet sour rice set	Spaghetti w minced chic golognese	Thai baked pandan leaf chic rice set	Homemade fish fillet burger	TW minced chic rice set

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MORNING SNACK	Chic porridge	Sandwiches w cheese	Japanese onigiri	Sg fried mee hoon	Brunch
LUNCH	Teriyaki chic rice set	Stir fired fish slice	Creamy garlic chic served w mashed poo	TW 3 cup chic rice set	Anchovies Fried rice

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	14-03-2022	15-03-2022	16-03-2022	17-03-2022	18-03-2022
MORNING SNACK	Butter kaya roll w drink	Japanese onigiri	Fried kuey Teow	Steam glutinous rice	Brunch
LUNCH	Baked teriyaki chicken rice set	Salmon spaghetti cabonara	Chicken tight in ginger & scallion rice set	Taiwanese miced chicken rice set	Club house sandwiches

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	21-03-2022	22-03-2022	23-03-2022	24-03-2022	25-03-2022
MORNING SNACK	Bread w jam	Chicken porridge	Holiday	Japanese onigiri	Brunch
LUNCH	Marmite chic rice set	HK styke steamed fish fillet rice set		Homemade meatballs w mashed potato	Indian butter chic rice set

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	28-03-2022	29-03-2022	30-03-2022	31-03-2022	01-04-2022
MORNING SNACK	Fried yee mee	Cereal w milk	Japanese onigiri	Steamed glutinous rice	Brunch
LUNCH	Steamed chic w chinese herb	Deep fried fish fillet rice set	Roasted lemon & garlic chic & corn rice	Malysia style chic rice set	Club house sandwiches

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